COURSE OUTLINE

Date submitted: 11/20/07

Date approved:

Department and Course Number: HSER 2020

Title of Course: Family Dynamics

Number of credits: Lecture 4 Lab

Catalog/Course Description:

The course is designed as an introduction to the study of family systems theory, family dynamics, and the major theories of family counseling. Students will develop an understanding of family systems, develop basic skills in counseling family systems, and participate in classroom and outside assignments designed to increase awareness of the development of family dynamics within their own family system and across the changing sociological and cultural spectrum.

Placement for Success prerequisites: (See instruction sheet)

Prerequisite: HSER 1010 The Helping Process or consent of instructor

Reading: English/Writing: Math:

Recommended course materials and resources, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers. If applicable.

The textbook used will depend upon the current consensus of professional focus regarding accepted and prevailing counseling techniques and theories. The changing structure of the family has influenced the prevailing techniques and theory application.

Family maps, genograms, video presentations of case studies and theories.

Clinicians in current practice as guest speakers, videos, roleplays on various family issues and intervention, research paper.
Relationship of proposed course to the department mission and goals

The course is a product of the department mission statement, which, in part, states, "..acquire accurate and current knowledge of human service issues and practices..

Course goals:

Goal: To demonstrate an understanding of course content, problem solving methods, and critical thinking.

Learning outcomes: (A minimum of one learning outcome shall be provided for each course goal)

State a minimum of two assessment instruments for each learning outcome.

Outcome: To demonstrate and communicate knowledge of current theories and techniques.

Assessment: Essay exams

Assessment: Research-examine current practices in the service area and through periodicals.

Role play to demonstrate use of skills and knowledge.

Outcome: To demonstrate and communicate Critical Thinking

Assessment: Written and oral interpretation of current issues

Assessment: Short essay exams

Outcome: To demonstrate and communicate knowledge of current practices

Assessment: Written and oral interpretation of case studies

Assessment: Contracted role plays, written analysis of guest speaker topics, field interviews, case studies

Course content:

(Provide an outline of major topics covered in course)

-Understanding of student's own family system through:
  -Family mappings
  -Genograms
  -Family "pictures"
  -Dependency cycles

-Major counseling Theories
  -Bowen
Structural  
Strategic  
Behavioral  
Communication  

Ethical Practice issues  
Ethical Codes  
Cases study analysis  

Placement for Success prerequisite  
Check one of each area--English, reading, and math  

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