Fond du Lac Tribal and Community College
COURSE OUTLINE FORM

Updated 9/23/14

Please return this form to the college vice president of academic affairs and the chairperson of the Academic Affairs and Standards Council (AASC)

1. Prepared by: __________________________________________________

2. Date submitted: ________________________________________________

3. Date approved: 11/25/2014  Date revised: 3/25/2015

4. Department/discipline: Nursing

5. Department(s) endorsement(s): ____________________________________

   (Signatures of the person(s) providing the endorsement are required.)

6. Course Title: Holistic Nursing I

   Abbreviated course title (25 characters or less):

7. Course Designator: NURS

8. Course Level: 1135

9. Number of Credits: Lecture: 3  Lab: 2 + (1 Clinical)

10. Control Number (on site): 40 lec, 20 lab, 10 clinical

    Control Number (online): 0

11. Catalog/Course description:

   Holistic Nursing I provides an introduction to the theoretical foundation for holistic assessment and nursing skills. The student is given an opportunity to demonstrate these skills in the laboratory setting. An overview of the nursing process provides the student with a beginning framework for nursing judgment.

12. Course prerequisite(s) or co-requisite(s):

    Prerequisite(s): BIOL 2020, ENGL 1101, BIOL 1001, MATH 1010 OR MATH 1030

    Co-requisite:

13. Course Materials (Recommended course materials and resources. List all that apply, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers).

    TBD
14. **Course Content** (Provide an outline of major topics covered in course)

- Overview of Healthcare
- Patient Centered Care
  - Patients’ Rights/Advocacy
  - Therapeutic Communication
  - Nursing Process
  - Assessment/Data Collection
  - Growth and Development
  - Cultural Awareness and Spirituality
  - Comfort/Pain
- Teamwork and Collaboration
- Nursing Judgment
  - Oral Medication Administration
- Quality Improvement
- Professional Identity
- Mobility
  - Activity/Exercise
  - Body Mechanics and Ergonomics
- Elimination
  - Urinary and Bowel Skills
- Immunity/Inflammation/Infection
  - Hygiene
  - Infection control
- Digestion
  - Nutrition
- Intracranial Regulation/Sensation

15. **Learning Goals, Outcomes, and Assessment**

At FDLTCC we have 4 Competencies Across the Curriculum (CAC) areas. They are as follows:

A. Information Literacy (the ability to use print and/or non-print tools effectively for the discovery, acquisition, and evaluation of information)

B. Ability to Communicate (the ability to listen, read, comprehend, and/or deliver information in a variety of formats.)

C. Problem Solving (the ability to conceptualize, apply, analyze, synthesize, and/or evaluate information to formulate and solve problems.)

D. Culture (knowledge of Anishinaabe traditions and culture, knowledge of one’s own traditions and culture, knowledge of others’ traditions and cultures, culture of work, culture of academic disciplines and/or respect for global diversity.)
Course learning outcomes will fulfill the identified competencies:

Course Learning Outcomes:

Upon completion of this course, students will be able to:

1. Describe nursing care that is client centered, culturally sensitive, and based on the holistic needs of client. (A,B,C,D)
2. Demonstrate assessment skills across the lifespan. (A,B,C,D)
3. Demonstrate nursing skills using proper techniques and measures that ensure patient safety (i.e. national patient safety campaigns). (A,B,C)
4. Discuss evidence based interventions that reduce the risk of harm and/or patient complications. (A,B,C)
5. Explain professional behaviors, professional boundaries, codes of ethics, nurse practice acts, and legal/ethical frameworks. (A,B,C)
6. Describe delegation and assigning of nursing activities in the healthcare setting. (B,C)
7. Quality improvement methods to improve patient satisfaction, customer service and enhance cost efficient health care services. (A, B, C)
8. Relate the responsibilities within the professional nursing scope of practice as it applies to teamwork and other health care team members. (A, B)

16. Minnesota Transfer Curriculum (MnTC): If this course fulfills an MnTC goal area, state the goal area and list the goals and outcomes below:

See [www.mntransfer.org](http://www.mntransfer.org)

Goal Area(s): N/A

Goal and Outcomes:

  Goal: N/A
  Outcome:
Complete the following only if you are proposing a new course:

1. Planned pattern of offering:
2. Rationale for course: If this course is an ADDITION or replacement to current offerings, add a detailed explanation of the necessity for the change.
3. Does this course overlap with any course(s) offered at FDLTCC? If so, justify such duplication or indicate other adjustments to be made. Obtain signatures from affected departments.
4. What is the apparent or expressed student need for this course?
5. If this course includes a Native American or specifically Anishinaabe component list campus resource person/s—i.e., campus cultural/spiritual resource person/s and, if necessary, elder/s—consulted and include specific comments and written responses as appropriate.
6. Are there any additional licensing/certification requirements involved?
a. Provide a copy of the required licensing/certification standards to the AASC chair and to the vice president of academic affairs.
b. Attach the required documentation to show course meets required licensing/certification standards.
7. What types of tutoring will be made available through the CAA to students taking this course?
8. How will the course be evaluated?
9. Special resources—e.g. faculty, space, equipment, library, etc
10. Special course fees:
11. Relationship of course to the college mission statement and goals.
12. Relationship of course to the department’s mission statement and goals.
13. Relationship of course to colleges/university offerings (include tribal colleges).

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<th>College or University</th>
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<th>Credits Awarded</th>
<th>General Education</th>
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