Fond du Lac Tribal and Community College
COURSE OUTLINE

I. Catalog Information
A. Title of Course: American Heart Association Health Care Provider CPR
Heartsaver first Aid

B. Course Designator: HLTH1032

C. Number of Credits: Lab 1
D. Control Number:

E. Catalog/Course Description:

F. Course Prerequisites: None

G. Date Approved:

II. Course Materials
American Heart Association Healthcare provider manual and American Heart Association heartsaver first aide manual

III. Learning Goals, Outcomes, and Assessment
Minimum of one goal and two learning outcomes in each competency. If your course does not meet one of the Competencies Across the Curriculum, please justify your rationale. Minimum of two assessment measures for each learning outcome. Add other goals and outcomes as needed. If this course is part of the Minnesota Transfer Curriculum (MTC), attach the MTC goals, outcomes, and your assessment measures to this form: if possible, use them to complete the information below.

A. Information Literacy (the ability to use print and/or non-print tools effectively for the discovery, acquisition, and evaluation of information as well as core computer tools for the manipulation and presentation of information.)

1. Learning Goals: Ability to comprehend information from manuals and video based scenarios.

2. Learning Outcomes and Assessments:
   a. To pass a written exam with at least 84% per American Heart Association requirements
   b. Demonstrate skills learned from manual and video demonstrations

B. Ability to Communicate (the ability to listen, read, comprehend, and/or deliver information in a variety of formats.)

1. Learning Goals: To describe steps related to each skill learned during the course

2. Learning Outcomes and Assessments:
   a. Demonstrate CPR and foreign body airway maneuvers for adults, children and infants
   b. Demonstrate first aid skills for various medical and traumatic injuries

C. Problem Solving (the ability to conceptualize, apply, analyze, synthesize, and/or evaluation information to formulate and solve problems.)

1. Learning Goals: React appropriately for several different scenarios in a testing environment

2. Learning Outcomes and Assessments:
   a. students will complete a practical assessment for all CPR skills
   b. Students will complete a practical assessment for first aid skills.

(revised October 2009)
D. Culture (knowledge of Anishinaabe traditions and culture, knowledge of one’s own traditions and culture, knowledge of others’ traditions and cultures, and/or respect for global diversity.)

1. Learning Goals:

2. Learning Outcomes and Assessments:

**IV. Course Content** (Outline the major topics covered in this course.)

1. Explain the critical concepts of high-quality CPR
2. Describe the American Heart Association Chain of Survival
3. Perform 1-Rescuer CPR and AED for adult, child and infant
4. Perform 2-Rescuer CPR and AED for adult, child and infant
5. Distinguish the differences between adult, child and infant rescue techniques
6. Perform bag-mask techniques for adult, child and infant
7. Perform Rescue breathing for adult, child and infant
8. Perform relief of choking for adult, child and infant
9. Understand first aid basics
10. Demonstrate treatment for a person experiencing a Medical and injury emergency
11. Explain how to treat a patient experiencing an Environmental emergency