

**Fond du Lac Tribal and Community College
COURSE OUTLINE FORM**

Updated 11/25/14

Please return this form to the college vice president of academic affairs and the chairperson of the Academic Affairs and Standards Council (AASC)

1. Prepared by: _____

2. Date submitted: _____

3. Date approved: 12/8/15 Date revised _____

4. Department/discipline: Early Childhood Development

5. Department(s) endorsement(s): _____

(Signatures of the person(s) providing the endorsement are required.)

6. Course Title: Health, Safety and Nutrition

Abbreviated course title (25 characters or less): _____

7. Course Designator: CDEV 8. Course Level: 1222

9. Number of Credits: Lecture 3 Lab _____

10. Control Number (on site) 25 Control Number (online) 25

11. Catalog/Course description:

This course is an introduction to the regulations, standards, policies, and procedures, prevention techniques, and early childhood curriculum related to health, safety, and nutrition. Students will identify components that ensure physical health, mental health, and safety for both children and staff, as well as the importance of collaboration with families and health professionals. A focus will be on integrating the concepts into everyday planning and program development.

12. Course prerequisite(s) or co-requisite(s): Accuplacer scores/ Other courses

Prerequisite(s):

Co-requisite:

13. **Course Materials** (Recommended course materials and resources. List all that apply, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers).

14. **Course Content** (Provide an outline of major topics covered in course)

- Environments
- Developmentally appropriate nutrition programs
- Health and safety policies, procedures, practices
- Influences on children's health, safety and nutrition

15. **Learning Goals, Outcomes, and Assessment**

At FDLTCC we have 4 Competencies Across the Curriculum (CAC) areas. They are as follows:

- A. Information Literacy (the ability to use print and/or non-print tools effectively for the discovery, acquisition, and evaluation of information)
- B. Ability to Communicate (the ability to listen, read, comprehend, and/or deliver information in a variety of formats.)
- C. Problem Solving (the ability to conceptualize, apply, analyze, synthesize, and/or evaluate information to formulate and solve problems.)
- D. Culture (knowledge of Anishinaabe traditions and culture, knowledge of one's own traditions and culture, knowledge of others' traditions and cultures, culture of work, culture of academic disciplines and/or respect for global diversity.)

Course Learning Outcomes will fulfill the identified competencies.

Course Learning Outcomes.

Upon completion of this course, the student will be able to:

1. examine early childhood environments that are physically and psychologically healthy for infants, toddlers, pre-kindergartners and school-age children; (C)
2. describe key elements of a developmentally appropriate nutrition program;
3. develop, implement, and evaluate health and safety policies, procedures and practices in an early childhood setting; (B)
4. identify the educator's role in being a mandated reporter; (B)
5. analyze social trends and global influence on children, health, safety and nutrition. (C)

16. **Minnesota Transfer Curriculum (MnTC):** If this course fulfills an MnTC goal area, state the goal area and list the goals and outcomes below:

See www.mntransfer.org

Goal Area(s): _____