Fond du Lac Tribal and Community College
COURSE OUTLINE FORM

03/19/19

Please return this form to the college vice president of academic affairs and the chairperson of the Academic Affairs and Standards Council (AASC)

1. Prepared by:________________________________________________________

2. Date submitted:____________________________________________________

3. Date approved: 11/25/14  Date revised 05/14/20, 04/27/22

4. Department/discipline: Nursing________________________________________

5. Department(s) endorsement(s):________________________________________
   (Signatures of the person(s) providing the endorsement are required.)

6. Course Title: Holistic Nursing Care I Clinical
   Abbreviated course title for Transcripts (25 characters or less):______________

7. Course Designator: NURS 1136  
8. Course Level: 1136

9. Number of Credits: Lecture________              Lab____ 2

10. Control Number (on site) 10               Control Number (online)________

11. Catalog/Course description:
    Holistic Nursing Care I Clinical emphasis the knowledge and skills needed to provide safe, quality nursing care for the adult patient. The student will demonstrate basic assessment and nursing skills in a simulated and direct patient care clinical setting. The nursing judgement frameworks are used to create patient centered nursing care plans. Students will demonstrate therapeutic communication skills, safe and effective nursing interventions, and the ethical use of information technology. Quality improvement measures in the clinical setting will be identified. (prerequisite: Admission to Nursing Program) (co-requisite: NURS 1135 & NURS 1002)

12. Course prerequisite(s) or co-requisite(s): Accuplacer scores/ Other courses
   
   Prerequisite(s):
   Admission to Nursing Program

   Co-requisite:
   NURS 1135 Holistic Nursing Care I
   NURS 1002 Pharmacologic Concepts and Medication Calculations I

13. Course Materials (Recommended course materials and resources. List all that apply, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers).
    TBD

14. Course Content (Provide an outline of major topics covered in course)
   
   1. Case Management
   2. Client Rights
   3. Continuity of Care
   4. Establishing Priorities
   5. Information Technology
6. Accident/Error/Injury Prevention 
7. Quality Improvement 
8. Patient Safety 
9. Advocacy 
10. Confidentiality/Information Security 
11. Mobility/Immobility 
12. Cultural Influences on Health 
13. Family Influences on Health 
14. Lifestyle Choices 
15. Health Screening 
16. Health Maintenance 
17. Health Promotion 
18. Disease Prevention 
19. Pharmacological Therapies 
20. Non-pharmacological Therapies 
21. Diagnostic Testing 
22. Alterations in Body Systems 
23. Informed Consent 
24. Quality Improvement 
25. Ethical Nursing Care 
26. Legal Rights and Responsibilities 
27. Reporting of Incident/Event/Irregular Occurrence/Variance 
28. Security Plan 
29. Support Systems 
30. Stress Management 
31. Self-Care 
32. Patient Education 
33. Therapeutic Environment 
34. Ergonomic Principles 
35. Handling Hazardous and Infectious Materials 
36. Safe Use of Equipment 
37. Standard Precautions/PPE 
38. Restraints 
39. Self-Care 
40. Physical Assessment 
41. Therapeutic Communication 
42. Therapeutic Environment 
43. Mobility and assistive devices 
44. Elimination 
45. Nutrition and Hydration 
46. Hygiene 
47. Rest and Sleep 
48. Growth and Development: Care Young Adult to Middle Age 

15. Learning Goals, Outcomes, and Assessment 
At FDLTCC we have 4 Competencies Across the Curriculum (CAC) areas. They are as follows:

A. Information Literacy (the ability to use print and/or non-print tools effectively for the discovery, acquisition, and evaluation of information) 
B. Ability to Communicate (the ability to listen, read, comprehend, and/or deliver information in a variety of formats.) 
C. Problem Solving (the ability to conceptualize, apply, analyze, synthesize, and/or evaluate information to formulate and solve problems.)
D. Culture (knowledge of Anishinaabe traditions and culture, knowledge of one’s own traditions and culture, knowledge of others’ traditions and cultures, culture of work, culture of academic disciplines and/or respect for global diversity.)

Upon completion of this course, the student will be able to:

<table>
<thead>
<tr>
<th>Learning Outcomes</th>
<th>Competencies (CAC)</th>
<th>Cultural Standards</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrate health assessment skills for the adult patient (Patient Centered Care)</td>
<td>A, B, D</td>
<td></td>
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<tr>
<td>Interpret normal and abnormal assessment data to ensure client safety in the clinical and simulated environment (Patient Centered Care)</td>
<td>A, B, C, D</td>
<td></td>
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<tr>
<td>Utilize nursing judgement frameworks when creating nursing care plans (Nursing Judgment)</td>
<td>A, B, C, D</td>
<td></td>
</tr>
<tr>
<td>Demonstrate effective use of therapeutic communication skills (Teamwork and Collaboration)</td>
<td>A, B, C, D</td>
<td>2</td>
</tr>
<tr>
<td>Utilize information and health care technology in a safe, secure, and ethical manner (Quality Improvement)</td>
<td>A, B, C</td>
<td></td>
</tr>
<tr>
<td>Implement nursing plans of care that are client and family centered, culturally sensitive, and based on the identified needs of the adult patient (Patient Centered Care)</td>
<td>A, B, C</td>
<td>6</td>
</tr>
<tr>
<td>Identify the role of nursing and the inter-professional team in providing quality patient care (Teamwork and Collaboration)</td>
<td>C</td>
<td></td>
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<tr>
<td>Demonstrate competence while performing nursing skills (Nursing Judgement)</td>
<td>A, B</td>
<td></td>
</tr>
<tr>
<td>Demonstrate ethical, legal and professional standards while providing care to adult clients and their families. (Professional Identity)</td>
<td>B, D</td>
<td>5</td>
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</tbody>
</table>
WINHEC Cultural Standards:

1. GIKENDAASOWIN – Knowing knowledge: To develop human beings who value knowledge, learning, and critical thinking and are able to effectively use the language, knowledge, and skills central to an Ojibwe-Anishinaabe way of knowing.

2. GWAYAKWAADIZIWIN – Living a balanced way: To develop balanced human beings who are reflective, informed learners who understand the interrelatedness of human society and the natural environment, recognize the importance of living in harmony with creation, and are able to apply a systems approach to understanding and deciding on a course of action.

3. ZOONGIDE'EWIN – Strong hearted: To increase the students’ capacity to live and walk with a strong heart, humble and open to new ideas and courageous enough to confront the accepted truths of history and society.

4. AANGWAAMIZIWIN – Diligence and caution: To develop students’ capacity to proceed carefully, after identifying, discussing, and reflecting on the logical and ethical dimensions of political, social, and personal life.

5. DEBWEWIN – Honesty and integrity: To increase students’ capacity to think and act with honesty and integrity as they understand and face the realities of increasingly interdependent nations and people.

6. ZAAGI' IDIWIN – Loving and Caring: To encourage students' acceptance of the diversity within their school, community, and environment by developing healthy, caring relationships built on respect for all.

7. ZHAWENINDIWIN – Compassion: To expand students' knowledge of the human condition and human cultures and the importance of compassion especially in relation to behavior, ideas, and values expressed in the works of human imagination and thought.

16. Minnesota Transfer Curriculum (MnTC): List which goal area(s) – up to two – this course fulfills.

See [www.mntransfer.org](http://www.mntransfer.org)

Goal Area(s):______________
Provide the specific learning outcomes as listed on the mntransfer.org website that pertain to this course.

17. Are there any additional licensing/certification requirements involved?

_______ Yes ___ X___ No

Provide the required documentation to show course meets required licensing/certification standards.

03/19/19