## Fond du Lac Tribal and Community College COURSE OUTLINE FORM

## 03/19/19

Please return this form to the college vice president of academic affairs and the chairperson of the Academic Affairs and Standards Council (AASC)

1. Prepared by:
2. Date submitted:
3. Date approved: 11/25/14 Date revised 05/14/20, 04/27/22
4. Department/discipline: Nursing
5. Department(s) endorsement(s):(Signatures of the person(s) providing the endorsement are required.)
6. Course Title: Holistic Nursing Care I Clinical
Abbreviated course title for Transcripts (25 characters or less):
7. Course Designator: NURS 8. Course Level: 1136
9. Number of Credits: Lecture Lab 2
10. Control Number (on site) 10 Control Number (online)
Holistic Nursing Care I Clinical emphasis the knowledge and skills needed to provide safe, quality nursing care for the adult patient. The student will demonstrate basic assessment and nursing skills in a simulated and direct patient care clinical setting. The nursing judgement frameworks are used to create patient centered nursing care plans. Students will demonstrate therapeutic communication skills, safe and effective nursing interventions, and the ethical use of information technology. Quality improvement measures in the clinical setting will be identified. (prerequisite: Admission to Nursing Program) (co-requisite: NURS 1135 & NURS 1002)
12. Course prerequisite(s) or co-requisite(s): Accuplacer scores/ Other courses
Prerequisite(s): Admission to Nursing Program
Co-requisite: NURS 1135 Holistic Nursing Care I NURS 1002 Pharmacologic Concepts and Medication Calculations I
13. <b>Course Materials</b> (Recommended course materials and resources. List all that apply, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers).
TBD
14. Course Content (Provide an outline of major topics covered in course)

Case Management
 Client Rights
 Continuity of Care
 Establishing Priorities

- 6. Accident/Error/Injury Prevention
- 7. Quality Improvement
- 8. Patient Safety
- 9. Advocacy
- 10. Confidentiality/Information Security
- 11. Mobility/Immobility
- 12. Cultural Influences on Health
- 13. Family Influences on Health
- 14. Lifestyle Choices
- 15. Health Screening
- 16. Health Maintenance
- 17. Health Promotion
- 18. Disease Prevention
- 19. Pharmacological Therapies
- 20. Non-pharmacological Therapies
- 21. Diagnostic Testing
- 22. Alterations in Body Systems
- 23. Informed Consent
- 24. Quality Improvement
- 25. Ethical Nursing Care
- 26. Legal Rights and Responsibilities
- 27. Reporting of Incident/Event/Irregular Occurrence/Variance
- 28. Security Plan
- 29. Support Systems
- 30. Stress Management
- 31. Self-Care
- 32. Patient Education
- 33. Therapeutic Environment
- 34. Ergonomic Principles
- 35. Handling Hazardous and Infectious Materials
- 36. Safe Use of Equipment
- 37. Standard Precautions/PPE
- 38. Restraints
- 39. Self-Care
- 40. Physical Assessment
- 41. Therapeutic Communication
- 42. Therapeutic Environment
- 43. Mobility and assistive devices
- 44. Elimination
- 45. Nutrition and Hydration
- 46. Hygiene
- 47. Rest and Sleep
- 48. Growth and Development: Care Young Adult to Middle Age

## 15. Learning Goals, Outcomes, and Assessment

At FDLTCC we have 4 Competencies Across the Curriculum (CAC) areas. They are as follows:

- A. Information Literacy (the ability to use print and/or non-print tools effectively for the discovery, acquisition, and evaluation of information)
- B. Ability to Communicate (the ability to listen, read, comprehend, and/or deliver information in a variety of formats.)
- C. Problem Solving (the ability to conceptualize, apply, analyze, synthesize, and/or evaluate information to formulate and solve problems.)

D. Culture (knowledge of Anishinaabe traditions and culture, knowledge of one's own traditions and culture, knowledge of others' traditions and cultures, culture of work, culture of academic disciplines and/or respect for global diversity.)

Upon completion of this course, the student will be able to:

<b>Learning Outcomes</b>	Competencies (CAC)	Cultural Standards
Demonstrate health assessment skills for the adult patient (Patient Centered Care)	A, B, D	
Interpret normal and abnormal assessment data to ensure client safety in the clinical and simulated environment (Patient Centered Care)	A, B, C, D	
Utilize nursing judgement frameworks when creating nursing care plans (Nursing Judgment)	A, B, C, D	
Demonstrate effective use of therapeutic communication skills (Teamwork and Collaboration)	A, B, C, D	2
Utilize information and health care technology in a safe, secure, and ethical manner (Quality Improvement)	A, B, C	
Implement nursing plans of care that are client and family centered, culturally sensitive, and based on the identified needs of the adult patient (Patient Centered Care)	A, B, C	6
Identify the role of nursing and the inter-professional team in providing quality patient care (Teamwork and Collaboration)	С	
Demonstrate competence while performing nursing skills (Nursing Judgement)	A, B	
Demonstrate ethical, legal and professional standards while providing care to adult clients and their families. (Professional Identity)	B, D	5

## **WINHEC Cultural Standards:**

- **1. GIKENDAASOWIN** *Knowing knowledge:* To develop human beings who value knowledge, learning, and critical thinking and are able to effectively use the language, knowledge, and skills central to an Ojibwe-Anishinaabe way of knowing.
- **2. GWAYAKWAADIZIWIN** *Living a balanced way:* To develop balanced human beings who are reflective, informed learners who understand the interrelatedness of human society and the natural environment, recognize the importance of living in harmony with creation, and are able to apply a systems approach to understanding and deciding on a course of action.
- **3. ZOONGIDE'EWIN** *Strong hearted:* To increase the students' capacity to live and walk with a strong heart, humble and open to new ideas and courageous enough to confront the accepted truths of history and society.
- **4. AANGWAAMIZIWIN** *Diligence and caution:* To develop students' capacity to proceed carefully, after identifying, discussing, and reflecting on the logical and ethical dimensions of political, social, and personal life.
- **5. DEBWEWIN** *Honesty and integrity:* To increase students' capacity to think and act with honesty and integrity as they understand and face the realities of increasingly interdependent nations and people
- **6. ZAAGI' IDIWIN** *Loving and Caring:* To encourage students' acceptance of the diversity within their school, community, and environment by developing healthy, caring relationships built on respect for all.
- 7. **ZHAWENINDIWIN** *Compassion:* To expand students' knowledge of the human condition and human cultures and the importance of compassion especially in relation to behavior, ideas, and values expressed in the works of human imagination and thought.
- 16. Minnesota Transfer Curriculum (MnTC): List which goal area(s) up to two this course fulfills.

See www.mntransfer.org	
Goal Area(s): Provide the specific learning outcomes as listed on the mntransfer.org website that pertain to this course.	3
17. Are there any additional licensing/certification requirements involved? YesXNo	
Provide the required documentation to show course meets required licensing/certification standards.	
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