

# Fond du Lac Tribal and Community College

3/12/03

## COURSE OUTLINE

Date submitted: 11/21/07                      Date approved:

Department and Course Number:      PE 1004

Title of Course:      Beginning Golf

Number of credits: Lecture      Lab      1

Catalog/Course Description:

The purpose of this class is to present the playing skills, rules, and knowledge of the game of golf to the beginner in such a manner that he/she can develop skills to the intermediate or advanced level.

**Placement for Success prerequisites:** (See instruction sheet)

Reading:      Level 1                      English/Writing:                      Math:

Recommended course materials and resources, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers. If applicable.

Students are expected to attend all lectures and working sessions, participate in all activities and discussion, listen to and follow directions, complete assignments on time, and request assistance when needed. Students are expected to assist with equipment when necessary. Attendance and class participation are critical in this class.

Textbook:

Golf - Detty Moore, McGraw Hill Publisher, 1997

Own equipment-golf clubs, tees

Additional fee is green fees and fee at the driving range.

Women's Golf Video

Wally Armstrong's Golf Videos (set of 3)

### Special Information

This class is intended for students of all ages and abilities. Any individuals who

have not participated in physical activities are advised to consult a physician before participating. Any history of disease or disability requiring limited participation should be reported to the instructor.

Activity classes even under the safest possible conditions can be hazardous. Safety rules must be followed to minimize the risk of injury.

Relationship of proposed course to the department mission and goals

This course develops skills in an individual sport of golf. It meets the department mission by providing instruction in a lifetime physical activity. It meets the College Goal of wellness.

Wellness is the recognition and incorporation of healthy behaviors into one's lifestyle. The department of PE recognizes the value of participation in fitness and recreational activities as one of many important behaviors for the development of a wellness lifestyle. This course may contribute to your implementation of appropriate wellness behaviors.

Course goals:

Goal: To develop abilities (physical, cognitive, fitness, affective) necessary to participate in lifetime individual sport-golf.

Goal: To acquire a positive attitude toward physical activity and the knowledge and skills to develop and maintain an appropriate fitness level.

Learning outcomes: (A minimum of one learning outcome shall be provided for each course goal)

State a minimum of two assessment instruments for each learning outcome.

Outcome: To identify and appropriately use terminology, rules, etiquette and safety during play.

Assessment: Written exam

Assessment: Self assessment

Outcome: To summarize the historical evolution of the game of golf.

Assessment: Written exam

Outcome: To demonstrate the ability to execute the following fundamentals:

-Full swing with wood

-Full swing with iron

-An individualized putting technique

Assessment: Self assessment

Assessment: AAHPERD skill tests

Assessment: Game scores

Outcome: To apply strategies during the game of: club selection, stroke swing

Assessment: Self assessment

Assessment: Game scores pre/post

Assessment: Written exam

Outcome: To score a game of golf.

Assessment: Completed score card

Assessment: Written exam

Outcome: To participate in the game of golf as a lifetime activity.

Course content:

(Provide an outline of major topics covered in course)

- Brief history of golf
- Selection of equipment-club length, shoes, putter
- Safety on driving range
- Terminology/etiquette
- Technique of golf swing: grip, stance, body position, swing, addressing the ball
- Technique of putting: grip, reading the green
- Role of golf as a lifetime activity in a wellness lifestyle

Placement for Success prerequisite

Check one of each area--English, reading, and math

Prerequisite	X
English level 1	
English level 2	
no English prerequisite	X
Reading level 1	X
Reading level 2	
Reading level 3	
no Reading prerequisite	
Math level 1	
Math level 2	
Math level 3	
Math level 4	
no Math prerequisite	X