

**Fond du Lac Tribal and Community College
COURSE OUTLINE FORM**

Updated 9/23/14

Please return this form to the college vice president of academic affairs and the chairperson of the Academic Affairs and Standards Council (AASC)

1. Prepared by: _____

2. Date submitted: _____

3. Date approved: 03/28/08 Date revised 10/14/14, 10/28/14

4. Department/discipline: Nursing

5. Department(s) endorsement(s): _____
(Signatures of the person(s) providing the endorsement are required.)

6. Course Title: Health Assessment
Abbreviated course title (25 characters or less): _____

7. Course Designator: NURS 8. Course Level: 1XXX 9. 2100

10. Number of Credits: Lecture 2 Lab 1

11. Control Number (on site) 40 Control Number (online) 20

12. Catalog/Course description:

Health Assessment students learn to perform a comprehensive health history and physical examination. The development of a holistic database reflecting an understanding of developmental, sociocultural, environmental, sexual and family influences is emphasized. Further emphasis is placed on the development of communication skills that enhance data gathering techniques, health teaching and referral skills. Complete health examinations focus on the identification of normal patterns and functions of adults and children.
(Prerequisite: Acceptance into ADN program) (Corequisite: NURS 2110 & NURS 2115)
(Prerequisite/corequisite: BIOL 2010)

13. Course prerequisite(s) or co-requisite(s): Accuplacer scores/ Other courses

Prerequisite(s): Acceptance into ADN program

Co-requisite: NURS 2110 Integration of Nursing & NURS 2115 Clinical Integration

Prerequisite/corequisite: BIOL 2010 Microbiology

14. **Course Materials** (Recommended course materials and resources. List all that apply, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers).

Health Assessment text and videos

15. Course Content (Provide an outline of major topics covered in course)

- Patient interview
- Complete health history
- Cultural, development and spiritual assessments
- Health promotion across the life cycle
- Genogram
- Denver II
- Mini-mental/Mental status
- Nutrition assessments
- Introduction to physical exam
- Techniques of exam
- Recording of data
- History & Examination of skin, hair, nails, head, lymphatics, eyes, ears, nose and throat
- History & Examination of chest, lungs, breast, axilla, heart & peripheral vascular systems, abdomen, female and male genitals, musculo-skeleton and neurological system
- History & Examination of the pediatric patient, to include sports pre-participation exam

16. Learning Goals, Outcomes, and Assessment

At FDLTCC we have 4 Competencies Across the Curriculum (CAC) areas. They are as follows:

- A. Information Literacy (the ability to use print and/or non-print tools effectively for the discovery, acquisition, and evaluation of information)
- B. Ability to Communicate (the ability to listen, read, comprehend, and/or deliver information in a variety of formats.)
- C. Problem Solving (the ability to conceptualize, apply, analyze, synthesize, and/or evaluate information to formulate and solve problems.)
- D. Culture (knowledge of Anishinaabe traditions and culture, knowledge of one's own traditions and culture, knowledge of others' traditions and cultures, culture of work, culture of academic disciplines and/or respect for global diversity.)

Course learning outcomes will fulfill the identified competencies.

Course Learning Outcomes:

Upon completion of this course, students will be able to:

1. Utilize the nursing process during patient assessment. (C)
2. Demonstrate proficiency in head-to-toe assessment. (B,C)
3. Perform patient assessments across the lifespan. (B,C)
4. Compare health assessment finds to expected findings. (C)
5. Demonstrate use of therapeutic communication techniques. (B)

6. Use electronic medical record to chart assessment findings. (B)
7. Display cultural competence during nursing assessment. (D)
8. Adhere to professional behaviors as identified in nursing student guide.

17. **Minnesota Transfer Curriculum (MnTC):** If this course fulfills an MnTC goal area, state the goal area and list the goals and outcomes below:

See www.mntransfer.org

Goal Area(s): _____

Goal and Outcomes: