15TH Annual
PUMPKIN
RUN & WALK
presented by Fond du Lac Tribal and Community College

Location: Fond du Lac Tribal and Community College, 2101 14th Street, Cloquet
Registration: By mail in advance or on day of race (8:30 a.m. to 9:30 a.m.)
Mail completed entry form or deliver by October 12 to: Pumpkin Run,
Fond du Lac Tribal and Community College, 2101 14th Street, Cloquet, MN 55720.
Online registration available.

Entry fee: Preregistered received or postmarked by October 12, $15.00;
after October 14 and on race morning, $20.00.
Preregistered school-age and college students received by October 12, $12.00;
after October 12, $20.00.
Fee includes long-sleeve finisher t-shirt, professional chip timing, and refreshments
at the finish. Entry fees are non-refundable. Please pre-register as it helps race
organizers prepare. We have one of the lowest race registration fees to encourage
physical activity.

Course: The course starts and finishes at Fond du Lac Tribal and Community
College. Race course is certified by USA Track & Field and meets all measurement
standards. (Certification #MN-11036- RR). Essentially flat, the course features a fast
downhill stretch with a return trip up the same hill. Mile markers will be posted
and traffic control measures will be in place. No water stops on the course, but
water will be available at the start and finish area of the race.
Sorry, no strollers, roller skates, skateboards, baby joggers, bicycles, or pets
are allowed on the race course. This will be enforced on race day morning
and anyone found violating this rule will be asked to leave the race course.

Costumes: To celebrate the theme of
the race, participants are encouraged
(but certainly not required) to wear
Halloween costumes or wear orange
clothing. Prizes will be given for the
best costumes. It’s fun to wear
orange!

Awards: Top three overall male and
female finishers; Age group awards to
top male and female in each of the
following age groups: 14 and under,
15-19, 20-29, 30-39, 40-49, 50-59,
60-69, 70+; Top male and female
FDLTCC student (must be pre-
registered); Best Costume.

Amenities: Indoor facilities and
warm gathering areas before and
after the race, healthy refreshments
after the race, plenty of free parking
in campus lots, door prize drawings.

Results: Will be posted on the
college website at www.fdltcc.edu
and at www.gopherstateevents.com
after the event.

2020 Pumpkin Run Entry Form

Name ____________________________
Street Address ___________________________________________________________________________
City ____________________________ State ______ Zip ____________________________
Male ☐ Female ☐ Birthdate ____________________________ Age on race day __________
Telephone ____________________________ Email ____________________________

I am a current FDLTCC student (check box) ☐
T-shirt size: small ☐ medium ☐ large ☐ extra-large ☐

Risk Assumption and Liability Release Waiver: I understand that the Pumpkin Run & Walk is a recreational activity and that my participation in it is
voluntary and carries with it certain risks. I appreciate and assume these risks and any other risk which I have knowledge of, appreciate and accept,
and I acknowledge that I am solely responsible for my physical and mental fitness, and that I am sufficiently trained to participate.
I agree to release, hold harmless, and covenant not to sue Fond du Lac Tribal and Community College, Minnesota State, their employees, agents,
assigns, sponsors, municipalities or any volunteer, participant, or spectator of the Pumpkin Run & Walk for any claim of ordinary negligence arising
out of my participation. I understand that this release, hold harmless, and covenant not to sue is limited to claims for ordinary negligence and in no
way shall be construed to release claims for conduct that constitutes greater than ordinary negligence, conduct that constitutes reckless or grossly
negligent conduct, or willful, wanton or intentional acts, or claims I may have that are beyond simple negligence.
I understand that the use of strollers, roller skates, skateboards, baby joggers, bicycles, or pets are NOT ALLOWED on the race course. I agree to
not use any of these items and understand that if I violate this rule I will be removed from the race course and disqualified from the race.
I give permission to FDLTCC to use my name, image, likeness or any other record of my participation in the Pumpkin Run & Walk for any promotional
purposes without obligation or liability to me.

Signature ____________________________________ Date ______________

Parent/Guardian signature if participant is under 18 ____________________________ Date ______________

REGISTRATION FEES
☐ $15 before October 12, 2020
☐ $12 student before October 12, 2020
☐ $20 everyone after October 12, 2020

Total enclosed ________________________$

Mail or deliver to:
Pumpkin Run
Fond du Lac Tribal and
Community College
2101 14th Street
Cloquet, MN 55720

Make checks payable to:
Fond du Lac Tribal and Community College

an affirmative action, equal opportunity educator
and employer