

Fond du Lac Tribal and Community College

COURSE OUTLINE

Date submitted: 11/21/07 Date approved:

Department and Course Number: PE 1051

Title of Course: American Indian Traditional Dance

Number of credits: Lecture Lab 1

Catalog/Course Description:

Introduction to history, songs, etiquette and cultural awareness of American Indian dance with an emphasis on Anishinaabe dances.

Placement for Success prerequisites: (See instruction sheet)

Reading: Level 1 English/Writing: Math:

Recommended course materials and resources, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers. If applicable.

Students are expected to attend all lectures and working sessions, participate in all activities and discussion, listen to and follow directions, complete assignments on time, and request assistance when needed. Students are expected to assist with equipment when necessary. Attendance and class participation are critical in this class.

Materials provided in class from the following sources:

Ojibwe Music From Minnesota-Mn Historical Society Press
Indian Dances of North America/Reginald and Gladys Laubin
Native American Dance: Ceremonial and Social Traditions, National
Museum of the American Indian
Listen to the Drum-Blackwolf Jones
People of the Circle-Roberts, American and World Geographic Publishing
Pow-wow Country-Roberts, American and World Geographic Publishing
Traditional Indian Crafts-Monte Smith
American Indian Beadwork-Ben Hun and J.F. (Buck) Burshears
How to Dance Native American Style: Beginning Steps-30 min Video
Dance Styles-Native American Men's and Women's Vol. 1-60 min Video

A Gift to One-A Gift to Many, James Jackson Sr. Ojibwe Medicine Man
The Good Life-Mino-Bimadiziwin
American Indian Dance Theater, Finding the Circle
Pow-wow, St. Paul TVI

Special Information

This class is intended for students of all ages and abilities. Any individuals who have not participated in physical activities are advised to consult a physician before participating. Any history of disease or disability requiring limited participation should be reported to the instructor.

Activity classes even under the safest possible conditions can be hazardous. Safety rules must be followed to minimize the risk of injury. This course is held off campus.

Relationship of proposed course to the department mission and goals

This course develops skills in an individual activity of Indian dance. It meets the department mission by providing instruction in a lifetime physical activity. It meets the College Goal of wellness, and promoting the Anishinaabe culture.

Wellness is the recognition and incorporation of healthy behaviors into one's lifestyle. The department of PE recognizes the value of participation in fitness and recreational activities as one of many important behaviors for the development of a wellness lifestyle. The course may contribute to your implementation of appropriate wellness behaviors.

Course goals:

Goal: To develop abilities (physical, cognitive, fitness, affective) necessary to participate in lifetime individual activity-American Indian Dance.

Goal: To acquire a positive attitude toward physical activity and the knowledge and skills to develop and maintain an appropriate fitness level.

Learning outcomes: (A minimum of one learning outcome shall be provided for each course goal)

State a minimum of two assessment instruments for each learning outcome.

Outcome: To identify and appropriately use terminology, safety, and etiquette of a pow-wow.

Assessment: Pre/post test

Assessment: Self-assessment

Outcome: To demonstrate the ability to identify the specific dances of a pow-wow.

Assessment: Performance Check-off

Assessment: Pre/post test of American Indian Dance

Outcome: To demonstrate the ability to create footwear (moccasins) for the dance.

Assessment: In class participation

Assessment: Completed moccasins

Outcome: To demonstrate the use of American Indian Culture by helping plan and participate in the 2nd Annual FDLTCC Pow-wow.

Assessment: In class participation in planning

Assessment: Reaction paper

Assessment: Participation in Pow-wow

Course content:

(Provide an outline of major topics covered in course)

1. Introduction

Opening Ceremony

Pow-wow planning

Exercise and Dance practice

Awareness of the American Indian:

Jewelry

Dress

2. Dances

All Nations

Grand entry

Jingle

Traditional

3. Planning the Pow-wow

4. Moccasin making

5. Interview an Elder dancer

6. Lecture/practice in class of above skills and steps

Placement for Success prerequisite

Check one of each area--English, reading, and math

Prerequisite	X
English level 1	
English level 2	
no English prerequisite	X
Reading level 1	X
Reading level 2	
Reading level 3	
no Reading prerequisite	
Math level 1	
Math level 2	
Math level 3	
Math level 4	
no Math prerequisite	X