

Fond du Lac Tribal and Community College

COURSE OUTLINE

Date submitted: 11/21/07

Date approved:

Department and Course Number: PE 2010

Title of Course: Intermediate Tennis

Number of credits: Lecture Lab 1

Catalog/Course Description:

For the experienced player who has reasonable control of fundamentals. Emphasis on advanced skills and strategy.

Placement for Success prerequisites: (See instruction sheet)

(Prerequisite: PE 1009 Beginning Tennis, or one year's experience playing, able to sustain a rally) (Student provides own racquet).

Reading: Level 1

English/Writing:

Math:

Recommended course materials and resources, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers. If applicable.

Textbook: *Tennis*: Johnson, J.D. and P.J. Xanthos, Wm. C. Brown Pub., 7th Edition, 1997.

Students are expected to attend all lectures and working sessions, participate in all activities and discussion, listen to and follow directions, complete assignments on time, and request assistance when needed. Students are expected to assist with equipment when necessary. Attendance and class participation are critical in this class. Student provides own equipment.

Tennis Skills Video.

Billie Jean King Tennis Everyone-Video

The Competitive Edge-Video

Special Information

This class is intended for students of all ages and abilities. Any individuals who have not participated in physical activities are advised to consult a physician before

participating. Any history of disease or disability requiring limited participation should be reported to the instructor. Activity classes even under the safest possible conditions can be hazardous. Safety rules must be followed to minimize the risk of injury.

Relationship of proposed course to the department mission and goals

This course develops skills in an individual sport of tennis. It meets the department mission by providing instruction in a lifetime physical activity. It meets the College Goal of Wellness.

Wellness is the recognition and incorporation of healthy behaviors into one's lifestyle. The department of PE recognizes the value of participation in fitness and recreational activities as one of many important behaviors for the development of a wellness lifestyle. This course may contribute to your implementation of appropriate wellness behaviors.

Course goals:

Goal: To develop abilities (physical, cognitive, fitness, affective) necessary to participate in lifetime individual sport-tennis.

Goal: To acquire a positive attitude toward physical activity and the knowledge and skills to develop and maintain an appropriate fitness level.

Learning outcomes: (A minimum of one learning outcome shall be provided for each course goal)

State a minimum of two assessment instruments for each learning outcome.

Outcome: To identify and appropriately use terminology, rules, etiquette and safety during play.

Assessment: Written exam

Assessment: Self assessment

Outcome: To demonstrate the ability to execute the following strokes:

Ground strokes-Fwd hand and backhand

Serve

Service return

Volley

Lob

Overhead

½ Volley

Drop shot

Approach

- Assessment: Self assessment
- Assessment: AAHPERD skills tests
- Assessment: Performance check-off

Outcome: To demonstrate court positioning during game play for:

- Service reception
- Service
- Singles play
- Doubles play
- Net play

- Assessment: Self assessment (performance check-off)
- Assessment: Court/game play in both singles/doubles

Outcome: To apply strategies during game play strategies of:

- Ball placement
- Poaching
- Coverage for doubles partner
- Singles play
- Doubles play

- Assessment: Self assessment
- Assessment: Games scores
- Assessment: Written exam

Course content:

(Provide an outline of major topics covered in course)

- Review of background and general information of beginning tennis
- Material and performance of the intermediate/advanced skills of tennis
- Implementation of these skills in limited game situations
- Lecture/practice in class of above skills
- Singles and doubles play more consistently

Placement for Success prerequisite

Check one of each area--English, reading, and math

Prerequisite	X
English level 1	
English level 2	
no English prerequisite	X
Reading level 1	X
Reading level 2	
Reading level 3	
no Reading prerequisite	
Math level 1	
Math level 2	
Math level 3	
Math level 4	
no Math prerequisite	X