

**Fond du Lac Tribal and Community College
COURSE OUTLINE FORM**

Updated 9/23/14

Please return this form to the college vice president of academic affairs and the chairperson of the Academic Affairs and Standards Council (AASC)

1. Prepared by: _____

2. Date submitted: _____

3. Date approved: _____ Date revised 10/14/14

4. Department/discipline: Speech

5. Department(s) endorsement(s): _____

(Signatures of the person(s) providing the endorsement are required.)

6. Course Title: Interpersonal Communication

Abbreviated course title (25 characters or less): _____

7. Course Designator: SPCH 8. Course Level: 1020 9. 2XXX

10. Number of Credits: Lecture 3 Lab _____

11. Control Number (on site) 40 Control Number (online) _____

12. Catalog/Course description:

An introduction to interpersonal communication concepts and theories, this course focuses on the acquisition of knowledge, skill, and adaptability foundational to interpersonal communication competence. The course helps students: assess their strengths and needs as interpersonal communicators; recognize fundamental concepts and theories in everyday situations; develop and apply appropriate, practical skills. Students will learn the various dimensions of person-to-person communication, understand the various processes within interpersonal communication, and become more skilled at identifying and dealing with interpersonal communication “challenges.” (Meets MnTC goal area 1).

13. Course prerequisite(s) or co-requisite(s): Accuplacer scores/ Other courses

Prerequisite(s):

Co-requisite:

14. **Course Materials** (Recommended course materials and resources. List all that apply, e.g. textbooks, workbooks, study guides, lab manuals, videos, guest lecturers).

Potential Textbooks (determined by instructor):

Adler, R.B., & Proctor II, R. F. (2010). *Looking Out, Looking In*. Thomson/Wadsworth.

Devito, Joseph. (2009). *Messages: Building interpersonal communication skills*. Allyn & Bacon.

Additional Resources (determined by instructor):

Supplemental articles available via D2L

Online lecture or notes (property of the instructor)

Internet and CD based video/video clips (related to the topic)

15. Course Content (Provide an outline of major topics covered in course)

Overview and definition of Interpersonal Communication (IPC)

Process, models and nature of IPC

Principles and misconceptions

Effectiveness v. communication competency

Communication, self-concept and identity: Creating and presenting the self

Biological and socio-cultural roots of self

Characteristics of self-concept and identity

Image and identity management

Perception and the cognitive process in IPC

The cognitive/perceptual process

Influences on perception

Tendencies of perception and perception checking

Emotional arousal: thinking, feeling and communicating

Factors, interpretation, reactions, and expression of emotions

Influences on and guidelines for managing emotional expression

Language use

Understanding the nature and impact of verbal messages

Socio-cultural and gender influences on language

Nonverbal communication

Characteristics and types of nonverbal communication

Socio-cultural and gender influences

Listening and IPC

Listening as a cognitive process and elements of listening

Listening challenges

Listening responses

Communication and relationship dynamics

The nature and dynamics of relationship formation

The nature and dynamics of relationship development and maintenance

Relationships and IPC

Intimacy and distance in relationships

Communication Climates

IPC and the creation of communication climates

Managing interpersonal conflict

The nature of conflict and conflict styles

Managing conflict in relational systems

16. Learning Goals, Outcomes, and Assessment

At FDLTCC we have 4 Competencies Across the Curriculum (CAC) areas. They are as follows:

- A. Information Literacy (the ability to use print and/or non-print tools effectively for the discovery, acquisition, and evaluation of information)
- B. Ability to Communicate (the ability to listen, read, comprehend, and/or deliver information in a variety of formats.)
- C. Problem Solving (the ability to conceptualize, apply, analyze, synthesize, and/or evaluate information to formulate and solve problems.)
- D. Culture (knowledge of Anishinaabe traditions and culture, knowledge of one's own traditions and culture, knowledge of others' traditions and cultures, culture of work, culture of academic disciplines and/or respect for global diversity.)

Course learning outcomes will fulfill the identified competencies.

Course Learning Outcomes.

Upon completion of this course, the student will be able to:

1. describe or explain the interpersonal communication process (B)
2. describe or explain some of the various ways that self-concept influences their communication with others (B, C, D)
3. describe or discuss the influence of perception on the communication process (B, C, D)
4. describe or explain the importance of the coded rule system to language competency (B)
5. describe or explain the influence of culture on the communication process (D)
6. describe, explain or discuss the importance of understanding nonverbal messages as they relate to their specific future profession, or in general interpersonal communication (B, C)
7. reflect on and assess their emotional state
8. develop and follow through with a communication strategy appropriate to a given situation (B)

17. Minnesota Transfer Curriculum (MnTC): If this course fulfills an MnTC goal area, state the goal area and list the goals and outcomes below:

See www.mntransfer.org

Goal Area(s): 1

Goal and Outcomes:

Goal 1: Communication